YOU ARE NOT ABLE TO DRIVE YOURSELF TO PROCEDURE, YOU NEED AN ADULT 18+ TO SIGN YOU OUT, IF NOT, YOU WILL BE

RESCHEDULED



## DR. JOHN JACOB ALVAREZ



The Day Before your Colonoscopy, you must be on a Clear Liquid diet, for example (Water, Tea and black coffee without any milk, cream, or lightener, Flavored water without red or purple dye, Clear, light colored juices such as apple, white grape, lemonade without pulp, and white cranberry Clear broth including chicken, beef, or vegetable, Soda, Sports drinks such as Gatorade and Propel (light colors only), Popsicle's without fruit or cream; no red or purple dye, Jello-O or other gelatin without fruit; no red or purple dye, Boost Breeze Tropical Juice drink)

- SUTAB is a split-dose (2-day) regimen.

A total of 24 tablets is required for complete preparation for your colonoscopy.

You will take the tablets in two doses of 12 tablets each. Water must be consumed with each dose of SUTAB, and additional water must be consumed after each dose.

First Set of 12 Pills will be at <u>5pm</u> the day before your colonoscopy, you must take the 12 pills within 21 minuets.

Second Set of Pills will be at <u>3am</u> the morning of the colonoscopy, again , you have 21 minuets to consume the pills

Please NO MORE LIQUIDS After **10 pm**, With the Exception of the last set of Pills at 3 am.

If You Have any Questions, Please call Our office at 210-242-0256