# **Instructions for Use**

CLENPIQ® (CLEN-pik) (sodium picosulfate, magnesium oxide, and anhydrous citric acid) oral solution

#### **Before Taking CLENPIQ**

- Start a clear-liquid diet the day before your colonoscopy. Only drink clear liquids all day the day before your colonoscopy.
- · You must drink enough clear liquids to keep your body hydrated for the entire day before your colonoscopy. Drink FIVE or more 8-ounce cups of clear liquids after the first dose and FOUR or more 8-ounce cups of clear liquids after the second dose.

Note: Do not refrigerate or freeze CLENPIQ. CLENPIQ is ready to drink and does not need to be mixed with anything else before you take your dose of medicine. CLENPIQ is a clear liquid that may have particles.

#### Important:

See Table 1 for a list of liquids you can drink for your clear liquid diet.

#### Table 1: List of liquids for the clear-liquid diet

- Water (plain or flavored)
- Black coffee or tea (no milk, cream, soy, or nondairy creamer)
- · Clear broth or bouillon
- Sports drinks (not red or purple)
- Clear juices without pulp (such as apple juice, or white grape juice)
- Ginger ale and other sodas (not red or purple)
- Plain jello (not red or purple)
- Frozen juice bars (not red or purple)

#### Important:

See Table 2 for the items you cannot eat or drink before your colonoscopy.

### Table 2: Do not eat or drink these items during the clear-liquid diet

- · no solid foods
- · no alcohol
- no dairy or non-dairy types of milk or cream
- no soy milk or drinks
- no juices with pulp
- no red or purple drinks
- · no other liquids that you cannot see through

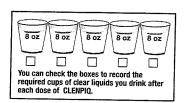
#### **Split-Dose Instructions**

## Dose 1 – In the evening the day before your colonoscopy a+4.00 PM

Drink the entire first bottle of CLENPIQ. Drink CLENPIQ right from the bottle.



• Follow this dose by drinking five or more 8 ounce (oz) cups of clear liquids using the cup provided over the next 5 hours.



 After taking CLENPIQ if you have any bloating or feeling like your stomach is upset, wait to take your second dose until your stomach feels better.

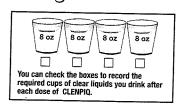
Important: See Table 1 for a list of clear liquids you can drink.

# Dose 2 - +a Ke at 9:00 PM • Do not eat solid food. Drink only clear liquids.

- Drink the entire second bottle of CLENPIQ. Drink CLENPIQ right from the bottle.



 Follow this dose by drinking four or more 8 ounce (oz) cups of clear liquids using the cup provided. You can continue to drink clear liquids up to midnight.



Important: See Table 1 for a list of clear liquids you can drink.



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